

Дата: 19.10.2022

Група №14

Урок: №19-20

Тема уроку: «Home Reading. Control Work.»

Мета уроку: ознайомити учнів з новою лексикою теми . Формувати навички читання, перекладу, усного мовлення та письма. Контроль знань.

Матеріали уроку: **Wednesday, the nineteenth of October.**

Class Work.

Lesson 19-20

Topic: «Home Reading. Control Work.»

I. Home Reading.

Se Eating habits

destinations
BEGINNERS A2.1

BREAKFAST!

The first meal of the day!

Full English Breakfast
'The only way to eat well in England is to have breakfast three times a day!' (Somerset Maugham)
The traditional English breakfast is a hot meal. It includes eggs, sausages, fried tomatoes, baked beans, mushrooms, toast, black pudding and tea or coffee. Not many British people eat it during the week. They prefer cereal, porridge, toast, fruit, yoghurt and tea or coffee. They usually enjoy a Full English at the weekend. Cafés or 'greasy spoons' serve this breakfast at any time of the day.

American Breakfast
The traditional breakfast in the US and Canada isn't very different from the Full English. It's a hot meal usually without any vegetables. It includes pancakes with maple syrup, waffles, croissants, etc. This breakfast is popular but, during the week, Americans just have toast or cereal and coffee. Some people don't have breakfast at all. Coffee shops or diners serve breakfast all day and many people usually go there at the weekend.

TIP Use a dictionary to find out what unknown words mean.

B. Read again and write E for Full English Breakfast, A for American Breakfast or B for Both.

1. People eat this breakfast in diners.
2. This breakfast includes vegetables.
3. People usually have this breakfast at weekends.
4. People eat this breakfast in 'greasy spoons'.
5. This breakfast includes cooked food.



READING COMPREHENSION

1. Read the following text (and the words below it):



Healthy Food

There are many fast food restaurants in my town. Lots of people eat fast food, but I think it isn't healthy. They eat this food because it's tasty, but everybody can have a tasty meal at home.

The only problem is that buying fresh products and cooking them takes time. And people prefer to spend time doing other activities, such as watching films, meeting friends, walking in the parks etc.

I also like to do these activities, but I am very careful with my diet. Fresh fruit and vegetables will always give me energy for the day. I like milk, eggs, roast chicken and mashed potatoes. Fried potatoes are nice but unhealthy, like all fried food. My favourite meal is fish. And for desert I'm afraid I eat too many sweet things: chocolate, candies, cakes, you know...

2. Now answer the questions:

- What does the writer think about fast food?
- Why do people eat fast food?
- What other activities do people like to do instead of cooking?
- What food will always give energy to the writer?
- Which food is unhealthy?

3. Finish the next sentences with ideas from the text:

- a. Fast food is not considered.
- b. People eat fast food because
- c. The writer thinks that with a little effort, everybody can have a
- d. The writer pays a lot of attention to.
- e. He likes to eat healthy food, but he is afraid that he eats

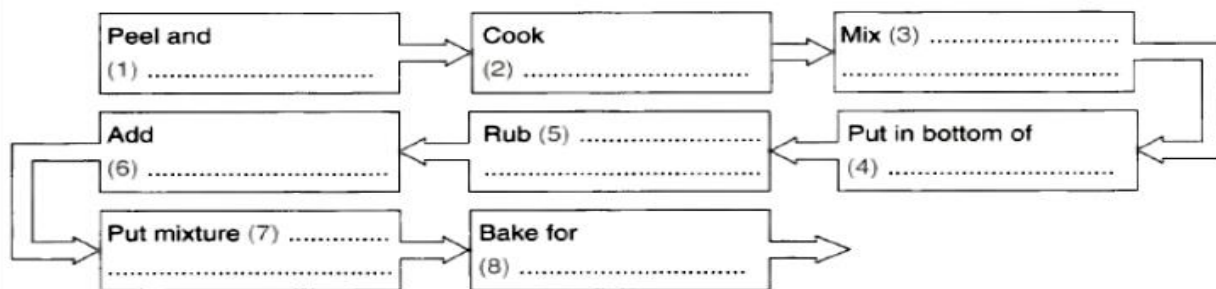


II. Control Work “Eating Habits”

Task 1.

Now you will hear someone describing how to cook a traditional dessert. Before you listen, read and think about which words might go in the gaps.

Then listen and complete the flow chart. Write **NO MORE THAN FOUR WORDS** for each answer.



Task 2. Write the correct letter (A-E) next to each method of cooking.

- | | |
|---|----------------------------|
| 1. roast (to heat in an oven or over a fire) | A. in hot oil |
| 2. steam (cook food by heating it in steam from boiling water.) | B. in hot water |
| 3. fry (cook food in hot fat or oil) | C. directly over the flame |
| 4. grill (cook something using a grill) | D. in the oven |
| 5. boil | E. over boiling water |

Task 3. Answer the statements “true or false”.

1. A traditional British breakfast is a quick meal.
2. The traditional English drink is tea with cold milk.
3. Schoolchildren have their lunch at home.
4. The British like only food of their country.
5. On Sundays many families have a traditional lunch.
6. The British usually have their supper at 5 o'clock.
7. At the lunch time sandwich bars and pubs often serve good, cheap food, both hot and cold.
8. Eating in Britain is quite international

Task 4. Make up the recipe of your favourite dish.

Д/з: вивчити слова уроку напам'ять!

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