

Дата:19.10.2022

Група № 33

Урок № 7-8

Тема уроку: «Home Reading. Control work»

1. Прочитати текст

FAST FOOD

No way or OK?

Fast food is made and served very quickly, like burgers and chips, and can be eaten on the street or at home. Is fast food a good thing? We ask two people to give their opinions. What do you think?

LUKE SAYS:

It's no surprise to hear that most fast food is bad for you. It isn't made with fresh ingredients so it hasn't got enough vitamins for a healthy meal. Fast food usually contains a lot of saturated fat, salt and sugar. While many people know this, they carry on buying fast food. Some people say that the high level of salt and other chemicals make the food addictive.

There have also been reports of wood pulp being used to thicken sauces and milkshakes, as well as many unhealthy ingredients. The truth is that we don't always know what we're eating when we buy fast food. The effect on our health isn't the only issue. We often eat fast food in place of traditional home-made food. We may start forgetting recipes that are passed on from generation to generation and which make mealtimes special occasions. Fast food is always the same: burgers, chicken nuggets, pizza and chips. It's taking the variety out of our diet.

OLIVIA SAYS:

We've all got busy lives! While I understand that there are healthier food options, fast food helps us carry on with our lives when we're in a hurry. Furthermore, it's cheap. It's usually cheaper than buying the ingredients and cooking a meal. Some people argue that fast food is unhealthy. In fact, these days there are many rules and regulations for preparing fast food. People who sell fast food have to give a lot of information about the ingredients they use. Fast food restaurants also sell healthier options, such as salads and healthy fruit juices. Fast food saves time and can taste great!



2. Опираючись на текст, вкажіть до кого відносяться твердження (Люк, Олівія, жоден):

L (Luke), O (Olivia) or N (Neither).

- | | |
|--|--------------------------|
| 1. Fast food is great when you are in a hurry. | <input type="checkbox"/> |
| 2. There's no variety in fast food. It's always the same. | <input type="checkbox"/> |
| 3. If we eat fast food all the time, we'll lose traditional recipes. | <input type="checkbox"/> |
| 4. Fast food is much healthier these days. | <input type="checkbox"/> |
| 5. We're not sure what we are eating when we eat fast food. | <input type="checkbox"/> |
| 6. Fast food is always cheaper than home-made food. | <input type="checkbox"/> |

3. Прочитайте пояснення та знайдіть значення в тексті.

- | | |
|--|----------------------|
| 1. These are items of food you use when you make something to eat. | <u>ingredients</u> |
| 2. We add this to make food or drink sweet. | <input type="text"/> |
| 3. This is an explanation of how to cook something to eat. | <input type="text"/> |
| 4. This adjective means that you have a lot of things to do. | <input type="text"/> |
| 5. This is another word for "choices". | <input type="text"/> |
| 6. This word is the antonym of "more expensive". | <input type="text"/> |

4. Виконати вправу, використовуючи умовні речення 1-го типу (1st Conditional)

report	do	explain	help	hire
might	(not) tell	(not) want	should	blame

1. She'll be able to more at work if she an assistant.
2. If you the crime to the police, they will you.
3. He understand if she why she has to leave.
4. If you to go with them, you tell them.
5. If you your boss, he might someone else for the mistake.

Увага! Фото виконаної контрольної роботи надсилати на електронну адресу викладача gr.ev@ukr.net

У темі листа вказувати Ваше ПІБ, № групи, назву предмета, номер уроку.