

**Дата: 13.09.22**

**Group 31**

**Lesson: 5-6**

**Topic: «Food etiquette. Lunch in a café or restaurant.»**

**Мета уроку:** Активізація нової лексики. Вдосконалювати навички усного мовлення та

письма. Формувати навички перекладу текстів науково-публіцистичного стилю. Розвивати культуру спілкування та мовленнєву реакцію учнів.

**Матеріали уроку:**

**1 Read the description of each method of cooking and match it with its name.**

*baking, roasting, grilling, frying, boiling, simmering, steaming*

A. Food is cooked in an oven. Such foods include breads, cakes and cookies. A few vegetables and fruits can also be cooked this way.

B. Food is cooked in boiling water. Potatoes and other vegetables are often cooked this way.

C. Food is cooked in fat, such as butter or vegetable oil. Chicken, eggs, fish, and red meat are cooked this way.

D. Food is cooked in steam. It is used mostly to cook vegetables. It takes longer than boiling.

E. Food is cooked in water that is just below the boiling point. Such foods as eggs and meats are prepared this way.

F. Food is cooked on direct heat. It lies directly over the heat. This method is used for cooking meat, fish, vegetables and sometimes sandwiches.

G. Food is cooked uncovered in an oven. This method of cooking is used for meat and sometimes fish.

## **INTRODUCING THE TOPIC**

Study the information below.

**Вивчіть подану нижче інформацію**

### **The ABC of Table Manners**

1. Do not attract unnecessary attention to yourself in public.
2. When eating take as much as you want, but eat as much as you take.
3. Do not eat too fast or too slowly, cut as you eat.
4. Take a little of every dish that is offered to you.
5. Sit up straight and face the table, do not put your elbows on the table while eating.
6. Do not reach across the table — simply say: "Would you please pass the pepper", etc.

7. At a small party do not start eating until all are served. At a large party it is not necessary to wait for all. The hostess gives a signal to her guests by saying: "Start eating, please (your food will get cold)".
8. There is no rule about eating everything on your plate. To indicate that you have had enough, place knife and fork together, not criss-cross.
9. When refusing a dish or a helping simply say: "No, thank you", when accepting — "Yes, please".
10. Do not leave the spoon in your cup, when drinking tea or coffee.
11. Do not empty your glass too quickly — it will be promptly refilled.

### **З прочитаної вище інформації заповніть таблицю**

Now make a table

<b>Children must</b>	<b>Children must not</b>

### **III. Прочитайте текст та визначіть правду/неправду**

We all prefer home-made food for breakfast, lunch and dinner, so we like to have our meals at home. But when we are at work, have no time or don't want to cook we usually go to the cafes or fast food restaurants to have our lunch or dinner there. If we are very busy to have a quick sandwich with coke, tea or coffee in a cafe, we may take food away to have it later in an office, at home or in a car.

We use spoons and forks at home but very seldom knives. At restaurant we must remember about table manners, use knives and napkins, keep our elbows off the table. Food in restaurants is for all tastes sandwiches with beef, ham or chicken, fried potatoes and cucumbers, cabbage and carrots. For dessert we can have ice-cream with fruit like bananas, apricots or oranges.

#### *1) True or False.*

- a) When we have no time we usually go to cafes and restaurants.
- b) If we are busy we have our meals at home.
- c) We often use knives when we have our meals at home.
- d) We must remember about table manners when we are in a restaurant.
- e) For dessert you may have ham or chicken.
- f) Food in restaurants is for all tastes.
- g) We prefer home-made food.

#### *2) Answer the questions.*

1. Do we all prefer home-made food?
2. Where do we go when we have no time to have our meals at home?
3. What do we do when we are in a hurry and have no time to have your meal in a restaurant?
4. What must we remember about when we come to a restaurant?
5. What fruit do we eat for dessert?

### **IV. Reading Прочитайте**

Parents often teach their children table manners. Are table manners the same all over the world? Read and compare the different attitudes to these table manners: plates, noises, hands. What are they in Ukraine?

Table manners are very different in different countries. For example, in Britain, you mustn't lift your soup plate to your mouth. In Japan, however, lifting your plate to your mouth is a traditional way of drinking your soup. And in Japan you needn't worry about making a noise when you drink it. It shows that you are enjoying the food. That's not true in Britain.

In Britain people don't put their hands or elbows on the table at all during a meal. In Mexico however guests keep their hands on the table throughout a meal. But in Arab countries we really must be attentive about what we do with our hands. You see, in Arab countries you mustn't eat with your left hand. This is very-very impolite.

So what should you do if you visit another country? Well, you needn't worry. Look at your host and hostess and try and do as they do.

## **V. Homework**

1 Which of these rules are true and which are false in Ukraine.

- 1) When eating take as much as you can but don't eat everything.
- 2) Don't eat too fast or too slowly. Cut as you eat.
- 3) Take a little of every dish that the hostess gives you.
- 4) Sit up straight. Put your elbows on the table while eating.
- 5) Don't reach across the table — say: "Would you please pass the pepper?"
- 6) Start eating first. Don't wait for others.
- 7) To show that you have had enough, place knife and fork together.
- 8) When refusing a dish say: "No, thank you", when accepting: "Yes, please".
- 9) Don't leave the spoon in your cup when drinking tea or coffee.

2. Складіть 10 заповідей етикету харчування та запишіть англійською мовою.

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